3. How to be a Great Math Coach

Dear Parent/Coach,

Hi again.

If you have learned, and agree with, the things I teach about Coaching in one of my books, then you can skip this Message.

But, having a great Coach is so important I wanted to discuss some of the main things your student needs from his/her Coach.

First, to Focus in fairly short study sessions and quit when things start to get foggy and frustrating and take a break.

Let the Unfocused sub-conscious mind do its work.

Then go back to a Focused Session where the student is concentrating again and, usually things will seem to be clearer and more understandable.

It might take several sessions before things are fully understood, and that's fine.

Practice is also very important since this is how we really master and retain skills and knowledge.

Many short study sessions are better than just a few long study sessions.

Cramming is definitely a No-No.

Then, hopefully your student will become Intrinsically Motivated to "Do math" because it becomes enjoyable. Sort of like a Sport or Game the student enjoys.

You may have to use Extrinsic Motivators in the beginning.

But, focus on and reward the Effort and Progress, and not just the Results.

For example, Mistakes are a sign of work and effort, and the student will learn from them. Mistakes are Good since they are a result of Effort.

A Coach's job is simply to be sure the student studies in a proper way and is properly rewarded for effort and progress.

NEVER compare two students. One will always suffer from such a comparison.

ALWAYS encourage and praise your student for effort and progress.

If this isn't clear, then definitely study my How to be a Great Coach Chapter in one of the books I told you about in the last message.

Looking forward to your/our student's success.

Golden Rule!

Craig

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